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# BC SPARTANS

## Spring Hockey

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Hello 2013 NSWC Hockey Families,

We are excited to announce that the BC Spartans Spring Hockey program has returned on a long term commitment to the NSWC. The aim of the BC Spartans program has always been to offer a premium spring hockey experience to a wide range of ages and playing levels. For the upcoming season we would like to offer an introductory spring program to 2013 born NSWC members at a special discounted price. The aim is to have members experience the Spartan program and the elite level coaching it provides. The goal will be to enter a tournament to finish the season and play a couple of full ice hockey games to help prepare the team.

We are committed to offering an enhanced hockey experience, dedicated training and pushing our players to reach their individual potential. The NSWC shares these same ideals and values, which will ensure for a great spring hockey environment and experience for our players.

For the upcoming spring season we have entered into a partnership with Lightsteel Hockey to oversee and run all of our skills and development. Lightsteel is led by Luke Kasteel and Jon Woodyard the current coaches of the NSWC Atom A1 team. Both Luke and Jon are also part of the development team at the club. Lightsteel shares these same ideals and values, which will ensure for a great development experience for our players.

### **2013 PROGRAM INFO**

The Spartans Spring Hockey program is planning to offer a competitive spring training program for 2013 birth year players from the North Shore Winter Club and if necessary the surrounding nearby communities. All Spartans practices will be held at the North Shore Winter Club this season. Our goal is to participate in 1 competitive tournament this spring season. BC Spartans Spring Hockey offers premium coaching with a focus on skill development. Our program provides an opportunity for highly skilled and motivated hockey players to play with each other, to learn from each other and to develop relationships within a structured environment led by professional coaches and mentors. Our motto is "Perfect Practice."

- Spring 2020 season begins the week of March 30th and ends the week of June 1st

### **BC SPARTANS Spring Hockey 2013 Team will receive**

- 20 x Practices
  - 1 Tournament
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- 2 Exhibition games (to prepare for tournament game play)
  - Typical Roster Size 13-15 skaters + 1-2 Goalies
  - Elite Level Professional Head Coach Jason Lehoux
  - Development Sessions led by Lightsteel Hockey (Luke Kasteel and Jon Woodyard)
  - Professional Goalie Coaching
  - Practice Jersey

**SPECIAL NSWC MEMBER PRICE \$989.00**

- **Head Coach Jason Lehoux:** Played 4 seasons in the QHJML, signed 3 year contract with the New Jersey Devils and played 3 seasons with their farm team in Albany New York. He also participated in 6 NHL team camps, and played 5 years in the AHL. He retired at 27 years old and for the next two seasons was an assistant coach with Drummondville (QHJML). Coaching has been part of Jason's life for over two decades and he joined the NSWC Development Team this season.