

From our Kitchen to Yours

Menu April 22nd and 24th pick up

Soups (1 Litre, 3 – 4 servings)

- Thai Curry Chicken with Rice | \$11
- Minestrone | \$11
- Orzo Chicken and Vegetable | \$11
- French Onion | \$11

Heat and Serve

- Bolognese Meat Sauce (1 litre, 3 4 servings) | \$18
- Alfredo Cream Sauce (1 litre, 3 4 servings) | \$16
- House-made Tomato Sauce (1 litre, 3 4 servings) | \$13
- Beef Chili (GF) (1 litre, 2 servings) | \$14
- Butter Chicken (GF) (1 litre, 2 servings) | \$20
- BBQ Pulled Pork with Sauce (1 litre, 3 4 servings) | \$16
- Jasmine rice (1 litre, 3 4 servings) | \$5
- Garlic Mashed Potatoes (1 litre, 3 4 servings) | \$8
- Sheppard's Pie (per serving) | \$10
- Chili Burrito (per piece) | \$7
 (beef chili, rice, salsa, avocado, cheddar cheese, flour tortilla)
- Butter Chicken Wraps (per piece) | \$7
 (butter chicken, rice, chutney, raita, flour tortilla)

Meal Kits

- Pasta Meal Kit (3 4 servings) | \$28
 Includes: choice of prepared sauce (tomato, alfredo or bolognese), one box of spaghetti noodles and one garlic baguette)
- Shrimp Scampi Meal Kit (3 4 servings) | \$38
 Includes: shrimp, spices, white wine sauce, tomatoes, pasta noodles
- Beef Short rib Meal Kit (3 4 servings) | \$60
- Includes: short ribs, red wine sauce, baked potatoes, vegetable medley
- Butter Chicken Meal Kit (3 4 servings) | \$45 Includes: butter chicken, sauce, jasmine rice, naan, mango chutney
- Thai Curry Prawn Meal Kit Kit (3 4 servings) | \$40 Includes: prawns, sauce, jasmine rice, vegetable medley

• BBQ Pulled Pork Meal Kit (3 – 4 servings) | \$40 Includes: Pulled pork, roasted corn, mashed potatoes, BBQ Sauce

Sweet Treats

- Double Chocolate Brownie (3 4 servings) | \$10
- Apple Crumble (2 -3 servings) | \$8
- Individual Mango Cheesecakes | \$5
- Nanaimo Bars (6 piece) | \$10
- Cookie Dough (6 piece) | \$8
 Choice of: chocolate chip, double chocolate, oatmeal raisin, white chocolate macadamia nut

Pantry / Grocery

- Spaghetti Noodles (uncooked, 500g) | \$5
- Oven Ready Garlic Baguette (1 piece, 4 servings) | \$5
- All Purpose Flour (1 lb) | \$1.50
- Baker's Yeast (1 cup) | \$6
- White Sugar (1 lb) | \$4
- Cage Free Eggs (1 dozen) | \$6
- Canola Oil (1 litre) | \$3
- Jasmine Rice (uncooked, 1 lb) | \$6
- Dry Cured Bacon (sliced, 1 lb) | \$6
- Toilet Paper (1 roll) | \$1

We are excited to launch our **Food Order & Pick Up Menu program** of pre prepared, soups, sauces and food options for you and your families. All of these items will be prepared in the Club's kitchen ensuring the safest food handling procedures in preparation as well as providing a work space where all employees remain safe distances apart from one another. We continue to follow the latest guidelines as stated by local, provincial and federal health authorities.

Please note that most menu items are frozen and best to thaw in the refrigerator overnight before heating. *Given these exceptional circumstances, we are unable to accommodate substitutions or special modifications.*

Ordering Details:

- We will be offering two pick up times, Wednesday and Fridays between 12pm 3pm.
 Orders must be placed the day prior by 1pm for next day pick up.
- All orders can be emailed to Chef Thomas at <u>tpinkerton@nswc.ca</u>
- All orders must be pre paid by credit card over the phone. Once the order is received, a staff member will phone you for your credit card information. Please note we will not be taking payment at the door or charging Member accounts at this time.

Pick Up Details:

- Pick up will take place in the round about at the front of the Club between 12pm 3pm.
- Please phone Chef Thomas to let you know you have arrived and someone will bring your delivery out to you. **604-970-1172**
- Please just pop your trunk and remain in your vehicle. We will place your order in your trunk for you and you can be on your way!

We hope you enjoy your order! Please stay safe and healthy and we can't wait to see you all soon.