

From our Kitchen to Yours This Weeks Pick Up Menu

Soups (1 Litre, 3 – 4 servings)

- Thai Curry Chicken with Rice | \$11
- Minestrone | \$11
- Orzo Chicken and Vegetable | \$11

Heat and Serve / Salad Options

- Bolognese Meat Sauce (1litre, 3 4 servings) | \$18
- Alfredo Cream Sauce (1litre, 3 4 servings) | \$16
- Spaghetti Noodles (uncooked, 500g) | \$5
- Oven Ready Garlic Baguette (1 piece, 4 servings) \$5
- Bolognese Meat Sauce or Alfredo Sauce Bundle | \$28 includes: choice of prepared sauce, one box of spaghetti noodles and one garlic baguette (3 – 4 servings)
- Beef Chili (GF) (1 litre, 2 servings) | \$14
- Butter Chicken (GF) (1 litre, 2 servings) | \$20
- Thai Curry Prawns (GF) (16pc, 3 4 servings) | \$18
 (Prawns are raw, will need to add sauce and heat)
- BBQ Pulled Pork with Sauce (1 litre, 3 4 servings) | \$16
- Jasmine rice (1 litre, 3 4 servings) | \$5
- Garlic Mashed Potatoes (1 litre, 3 4 servings) | \$8
- Chili Burrito (per piece) | \$7
 (beef chili, rice, salsa, avocado, cheddar cheese, flour tortilla)
- Butter Chicken Wraps (per piece) | \$7
 (butter chicken, rice, chutney, raita, flour tortilla)
- Caesar Salad Kit (3 4 servings) | \$14
 (romaine, dressing, parmesan cheese, croutons)

Sweet Treats

- Double Chocolate Brownie (3 4 servings) | \$10
- Apple Crumble (2 -3 servings) | \$8
- Individual Mango Cheesecakes | \$5
- Nanaimo Bars (6 piece) | \$10

We are excited to launch our **Food Order & Pick Up Menu program** of pre prepared, soups, sauces and food options for you and your families. All of these items will be prepared in the Club's kitchen ensuring the safest food handling procedures in preparation as well as providing a work space where all employees remain safe distances apart from one another. We continue to follow the latest guidelines as stated by local, provincial and federal health authorities.

Please note that most menu items are frozen and best to thaw in the refrigerator overnight before heating. *Given these exceptional circumstances, we are unable to accommodate substitutions or special modifications.*

Ordering Details:

- We will be offering two pick up times, Wednesday and Fridays between 12pm 3pm.
 Orders must be placed the day prior by 1pm for next day pick up.
- **PLEASE NOTE:** Due to Good Friday, only for the week of April 6th we will be offering Wednesday and Thursday pick up between 12pm and 3pm.
- All orders can be emailed to Chef Thomas at tpinkerton@nswc.ca
- All orders must be pre paid by credit card over the phone. Once the order is received, a staff member will phone you for your credit card information. Please note we will not be taking payment at the door or charging Member accounts at this time.

Pick Up Details:

- Pick up will take place in the round about at the front of the Club between 12pm 3pm.
- Please phone Chef Thomas to let you know you have arrived and someone will bring your delivery out to you. 604-970-1172
- Please just pop your trunk and remain in your vehicle. We will place your order in your trunk for you and you can be on your way!

We hope you enjoy your order! Please stay safe and healthy and we can't wait to see you all soon.