



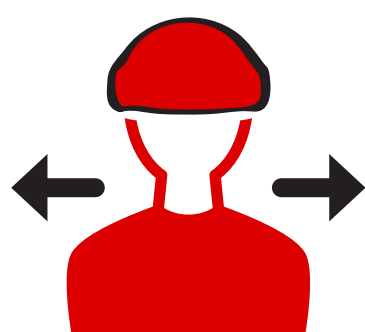
WE'RE RETURNING TO PLAY.

INTRODUCING THE 2020-2021 HOCKEY DEVELOPMENTAL SEASON AT THE NSWC

This **MEMBERS ONLY** program is aligned with Health Authority guidelines to ensure that our members' **HEALTH** and **SAFETY** is a priority as we slowly work at **BRINGING THE GAME BACK** through a unique experience.

SEASON HIGHLIGHTS

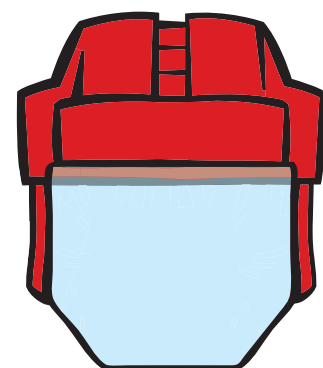
- Evaluation/Assessment/Tryout Process
 - Tiering based on skill level
- Exceptional Development & Game play at the NSWC
 - Access to quality skill development coaches
 - Weekly practices/development sessions
 - Game Formats: 3on3, 4on4, & 5on5*
- Competitive play with partnering associations (BWC & female associations)*
 - Goalie Development
 - Access to Off-Ice Shooting lanes
 - Access to Open Hockey
 - Seasonal Player Evaluations and Player Profiles
- Classroom: Game strategy, Sports Psychology & Nutrition
- Skills & 3-on-3 competition Jamborees (Oct, Dec, Feb)



Clearly marked physical distancing parameters



No Hitting*



Recommended full face shields*

*based on current Health Authority standards

RULES

The Game Play Rules will be adjusted to create a continuous-play game which means more space on the ice, increased puck play, faster play pace, and additional measures to reduce intentional contact so we can provide a **FUN** and **SAFE PLACE TO PLAY HOCKEY**.

INITIATION (BOYS/GIRLS) HOCKEY

Balanced teams

1 practice + 1 development session
+ minimum 1 game per week

Earlier game play start

1 bi-weekly off-ice development session

U11-U18 (MALE & FEMALE)

Tiered competition

Female: minimum 1 team per age group

1 practice + 1 development session
+ minimum 1 game per week

1 dryland session per week

The NSWC Hockey Department is working with PCAHA and BC Hockey, and we hope to be able to return to regular minor hockey play as soon as it is deemed safe for everyone

MORE INFORMATION TO COME ON DEVELOPMENT, ASSESSMENTS, COSTS, LEAGUE RULES, & SCHEDULING