



CAFÉ & LOUNGE MENU

APPETIZERS

WINGS

Choose hot, bbq, salt & pepper or teriyaki,
served with veggies and dip
Member: \$14 | Non Member: \$16.50

CHEESE FLATBREAD

Crisp flatbread topped with herbed tomato sauce and
melted cheese
Member: \$12 | Non Member: \$14.15
With Pepperoni: Member: \$14 | Non Member: \$16.50

CHILI CHICKEN

Lightly breaded chicken, cucumber, wonton crisps,
sweet chili sauce
Member: \$12 | Non Member: \$14.15

CALAMARI

Served with a cucumber dill dip
Member: \$14 | Non Member: \$16.50

BACON SPINACH DIP

Crisp bacon, spinach and melted cheeses, green
onions and bell peppers, toasted garlic crostinis
Member: \$12 | Non Member: \$14.15

BLACK SESAME CRUSTED YELLOWFIN TUNA

Seared rare, wasabi citrus aioli
Member: \$15 | Non Member: \$17.65

BEET BRUSCHETTA

Roasted beets, basil, balsamic reduction, goat cheese
Member: \$12 | Non Member: \$14.15

PERSONAL NACHOS

Topped with tomatoes, jalapenos, black beans, green
onions and melted cheese blend. Served with salsa
and sour cream
Member: \$12 | Non Member: \$14.15

BURGERS & SANDWICHES

SERVED WITH CHOICE OF FRIES, YAM FRIES OR
SALAD

JIM GRAHAM BURGER

Lettuce, tomato, bacon, cheddar, NSWC burger
sauce, on a toasted brioche bun
Beef: Member: \$16 | Non Member: \$18.85
Chicken: Member: \$16.50 | Non Member: \$19.45

BLACKENED CHICKEN SANDWICH

Bacon, Havarti cheese, chipotle mayo, crispy onions,
lettuce, tomato, on toasted ciabatta
Member: \$17 | Non Member: \$20

NSWC 'CLUB' SANDWICH

Roasted turkey, bacon, lettuce, tomato, sliced
cheddar and mayonnaise, choice of
toasted bread
Member: \$14 | Non Member: \$16.50

CAJUN SALMON BURGER

Cajun grilled salmon, cucumber aioli, spinach,
tomato, on a toasted brioche bun
Member: \$17.50 | Non Member: \$20.60

PULLED PORK SANDWICH

House braised pulled pork, Cajun aioli, slaw, smoked
cheddar, toasted ciabatta
Member: \$17 | Non Member: \$20

GRILLED VEGGIE SANDWICH

Marinated grilled vegetables, hummus, field greens,
cucumber aioli, toasted ciabatta
Member: \$17 | Non Member: \$20

SALADS

CAESAR SALAD

Romaine, parmesan, croutons, Caesar dressing

Small: Member: \$6.50 | Non Member: \$7.65

Large: Member: \$12 | Non Member: \$14.15

ROASTED PEAR & GOAT CHEESE SALAD

Bourbon glazed pears, pomegranate seeds, candied pecans and goat cheese, mixed greens, honey orange vinaigrette

Member: \$16 | Non Member: \$18.85

HARVEST QUINOA SALAD

Maple glazed butternut squash, gala apples, quinoa, almonds, raisins and kale, cider vinaigrette

Member: \$16 | Non Member: \$18.85

COBB SALAD

Bacon, avocado, egg, feta cheese, tomatoes, mixed greens and grilled chicken, honey poppy seed vinaigrette

Member: \$19 | Non Member: \$22.35

Add Chicken: Member: \$5 | Non Member: \$5.90

Add Salmon: Member: \$6 | Non Member: \$7.05

Add Prawns: Member: \$6 | Non Member: \$7.05

KIDS MENU

(12 YRS AND UNDER)

Member: \$8.50 | Non Member: \$10

**GRILLED CHEESE SANDWICH
CHICKEN & CHEESE QUESADILLA
CHICKEN STRIPS
KIDS BEEF BURGER**

Above items served with fries or veggie sticks

MARINARA SPAGHETTI

MAINS

TERIYAKI CHICKEN RICE BOWL

Broccoli, carrots, celery and onions, served over rice

Member: \$16 | Non Member: \$18.85

FRIED CHICKEN KATSU BOWL

Lemon sauce, jasmine rice, pickled vegetables

Member: \$17 | Non Member: \$20

BEEF VINDALOO

Jasmine rice, naan bread, mango chutney

Member: \$17 | Non Member: \$20

SPAGHETTI PRAWN & CHORIZO POMODORO

Stewed tomatoes, herbs, olive oil and parmesan

Member: \$19 | Non Member: \$22.35

HERB CRUSTED SALMON

Crispy nugget potatoes, seasonal vegetables

Member: \$24 | Non Member: \$28.25

BREAKFAST

AVAILABLE UNTIL 3PM

BREAKFAST SANDWICH

Egg, cheddar cheese, choice of bacon or avocado

Member: \$5 | Non Member: \$5.90

TEX MEX BURRITO

Egg, cheddar, black beans and avocado, salsa

Member: \$7 | Non Member: \$8.25

CHORIZO HASH

Eggs, peppers, onions, hashbrowns, goat cheese

Member: \$14 | Non Member: \$16.50

CHEFS OMELETTE

Rotating ingredients, ask your server about today's feature, served with hashbrowns

Member: \$12 | Non Member: \$14.15

NSWC BREAKFAST

Two eggs any style, bacon, choice of toast, served with hash browns

Member: \$11.50 | Non Member: \$13.55

MEMBERS ARE ENTITLED TO MEMBER PRICING
WHEN USING THEIR
MEMBER ACCOUNTS FOR FOOD AND BEVERAGE
CHARGES.