

SALADS

CAESAR SALAD

Romaine, parmesan, croutons, Caesar dressing

Small: Member: \$6.50 | Non Member: \$7.65

Large: Member: \$12 | Non Member: \$14.15

ROASTED PEAR & GOAT CHEESE SALAD

Bourbon glazed pears, pomegranate seeds, candied pecans and goat cheese, mixed greens, honey orange vinaigrette

Member: \$16 | Non Member: \$18.85

HARVEST QUINOA SALAD

Maple glazed butternut squash, gala apples, quinoa, almonds, raisins and kale, cider vinaigrette

Member: \$16 | Non Member: \$18.85

COBB SALAD

Bacon, avocado, egg, feta cheese, tomatoes, mixed greens and grilled chicken, honey poppy seed vinaigrette

Member: \$19 | Non Member: \$22.35

Add Chicken: Member: \$5 | Non Member: \$5.90

Add Salmon: Member: \$6 | Non Member: \$7.05

Add Prawns: Member: \$6 | Non Member: \$7.05

KIDS MENU

(12 YRS AND UNDER)

Member: \$8.50 | Non Member: \$10

**GRILLED CHEESE SANDWICH
CHICKEN & CHEESE QUESADILLA
CHICKEN STRIPS
KIDS BEEF BURGER**

Above items served with fries or veggie sticks

MARINARA SPAGHETTI

MAINS

TERIYAKI CHICKEN RICE BOWL

Broccoli, carrots, celery and onions, served over rice

Member: \$16 | Non Member: \$18.85

FRIED CHICKEN KATSU BOWL

Lemon sauce, jasmine rice, pickled vegetables

Member: \$17 | Non Member: \$20

BEEF VINDALOO

Jasmine rice, naan bread, mango chutney

Member: \$17 | Non Member: \$20

SPAGHETTI PRAWN & CHORIZO POMODORO

Stewed tomatoes, herbs, olive oil and parmesan

Member: \$19 | Non Member: \$22.35

HERB CRUSTED SALMON

Crispy nugget potatoes, seasonal vegetables

Member: \$24 | Non Member: \$28.25

BREAKFAST

AVAILABLE UNTIL 3PM

BREAKFAST SANDWICH

Egg, cheddar cheese, choice of
bacon or avocado

Member: \$5 | Non Member: \$5.90

TEX MEX BURRITO

Egg, cheddar, black beans and
avocado, salsa

Member: \$7 | Non Member: \$8.25

CHORIZO HASH

Eggs, peppers, onions, hashbrowns, goat cheese

Member: \$14 | Non Member: \$16.50

CHEFS OMELETTE

Rotating ingredients, ask your server about today's
feature, served with hashbrowns

Member: \$12 | Non Member: \$14.15

NSWC BREAKFAST

Two eggs any style, bacon, choice of toast, served with
hash browns

Member: \$11.50 | Non Member: \$13.55

MEMBERS ARE ENTITLED TO MEMBER PRICING
WHEN USING THEIR
MEMBER ACCOUNTS FOR FOOD AND BEVERAGE
CHARGES.