



# COVID 19 HEALTH AND SAFETY PROTOCOLS

## 2020-2021

### Visiting Teams & Parents

<p><b>Building Access</b></p>	<ul style="list-style-type: none"> <li>• Masks need to be worn at all times. Only players, team coaches, safety person, managers and one videographer (and 1 Den Moms per female team) are allowed into the facility. No Parents or Siblings.</li> <li>• All visiting players, team officials &amp; Den Moms (for female teams) must have signed a <a href="#">self-declaration</a> each time before entering the facility. Contact information for each player must be provided by signing in at the Front Desk.</li> <li>• Each team manager must provide a team roster to the NSWC Front Desk so they can cross-reference the players entering the facility with those who have filled out the required forms. Please ensure players who are not attending the game, are crossed off.</li> <li>• All teams must wait outside the entrance until full team has arrived. Coach/Manager must accompany team when entering the club (no more than 20 minutes prior to game start time).</li> <li>• <b>Enter</b> through the front lobby, hand sanitize, then proceed directly to assigned dressing rooms             <ul style="list-style-type: none"> <li>▪ Large Ice Games: Room #11 &amp; Family Dressing Room</li> <li>▪ Small Ice Games: Out by Small ice Rink</li> <li>▪ HTC: Dryland Area beside rink or in Upper HTC Viewing Area</li> </ul> </li> <li>• Controls are in place to provide players with a specified path to the rink they're playing on; the facilities will have clearly marked physical distancing parameters.</li> <li>• Directional signage will be located around the facility and will indicate where to go next.</li> <li>• Players will be required to observe physical distancing markers on the benches and in the dressing rooms, at all times.</li> <li>• Large Ice Rink: Players and team officials, must bring all team equipment out to the ice for the start of the hockey game (nothing can be left in the dressing room during your ice time).</li> <li>• Ice rink viewing options:             <ul style="list-style-type: none"> <li>▪ Large ice, Small ice &amp; HTC games are available to view through Vimeo streaming online: <a href="http://www.nswc.ca/livestream/">www.nswc.ca/livestream/</a></li> <li>▪ Large ice will also be available for viewing via Live Barn online: <a href="https://livebarn.com/signin?locale=en_ca">https://livebarn.com/signin?locale=en_ca</a></li> </ul> </li> </ul>
<p><b>Health Screening &amp; Reporting</b></p>	<ul style="list-style-type: none"> <li>• Upon arrival, all players &amp; team officials will be required to complete the NSWC Self-declaration form.</li> <li>• Any form of illness will warrant NSWC to deny the player entry to the facility.</li> <li>• If an individual starts showing symptoms during the practice/game, they will be asked to immediately leave the facility.</li> </ul>

<b>Physical Distancing</b>	<ul style="list-style-type: none"> <li>All players and team officials will be required to follow social distancing of 2m at all times until they reach the ice.</li> <li>Players and coaches will not be allowed to high five, fist bumps or handshakes with other players/coaches.</li> <li>Coaches and team officials should wear cloth masks where physical distancing is not possible, such as in the dressing room or on the bench.</li> </ul>
<b>Players protocols</b>	<ul style="list-style-type: none"> <li>Players 18 and under need to arrive to the rink fully dressed (they may bring in their skates, helmet, gloves and stick to put on in the dressing room). Dressing rooms will be available provided that participants abide by the markers within each room that specify physical distancing between participants. A maximum number of participants will be allowed into each dressing room (marked). All participants are required to be able to tie their own skates and get themselves dressed if they choose to use the dressing room. Benches beside the rink or Family dressing rooms (max 1 player per bench) will be available for younger players and their parent.</li> <li>Players can arrive 20 minutes prior to their ice time. They will then be required to exit within 20 minutes of the ice time finishing.</li> <li>Absolutely no spitting.</li> </ul>
<b>Amenities</b>	<ul style="list-style-type: none"> <li>No shower access allowed for players; washroom access only.</li> <li>Maximum of two (2) adults in the dressing room at one time.</li> </ul>
<b>Rink Capacity</b>	<ul style="list-style-type: none"> <li>Each rink has a maximum capacity of 50 people.</li> <li>The following people are allowed into the facility/rink per team: <ul style="list-style-type: none"> <li>Players (rosters of 18)</li> <li>Coaches (max of 4)</li> <li>Manager (1)</li> <li>Safety Person (1)</li> <li>Videographer (1)</li> </ul> </li> <li>Referees, a time keeper and a scorekeeper also allowed in the rink for each game.</li> <li><b>NO SPECTATORS ALLOWED</b></li> </ul>
<b>Exiting Building</b>	<ul style="list-style-type: none"> <li>Once the game is finished, players must walk from the player's bench to the outside viewing stands, where there are benches to take off skates and then proceed to exiting the building (follow directional signage).</li> <li>All members and visitors will <b>exit</b> from the doors at the rear of the lobby.*</li> </ul>
	<b>Cleaning/Sanitizing</b>
<b>Personal Protective Equipment</b>	<ul style="list-style-type: none"> <li>All Coaches and team officials will be required to wear a mask (this may include but not limited to: dressing rooms, bathrooms, on the benches, hallways, lobby area)</li> <li>Visiting Players must wear a mask when entering/exiting the Club, walking through the Club, and in hockey dressing rooms/changing areas. Masks can be removed prior to physical activity.</li> <li>Visiting team officials must wear a mask at all times.</li> </ul>
<b>Hygiene/Cleaning Practices</b>	<ul style="list-style-type: none"> <li>All players and team officials will wash/sanitize their hands upon entering the facility, and when they exit.</li> <li>Limited numbers in bathrooms at one time, masks should be worn.</li> <li>Sharing of hockey equipment will not be allowed.</li> <li>Hand sanitizer and cleaning products will be available out by both team benches, in the designated viewing areas and dressing areas.</li> </ul>
<b>Water Bottles</b>	<ul style="list-style-type: none"> <li>Water bottles must be brought and filled prior to arrival.</li> </ul>
<b>Parking</b>	<ul style="list-style-type: none"> <li>All visitors must park in the underground parking lot.</li> </ul>

